



June 3, 2016

## Summer Fun for Families at Thursday Farmers Market in Eugene

Eugene, Oregon – This summer the Lane County Farmers Market (LCFM) is offering new children’s activities at its Thursday farmers market. Starting Thursday, June 16<sup>th</sup>, families can visit the farmers market at 8<sup>th</sup> Avenue and Oak Street to participate in free farm and food related activities. Children of all ages are welcome. See the full schedule of activities below. The Thursday farmers market is open every Thursday from 10 a.m. to 2 p.m. through the end of September.

**Thursday, June 16, 10 a.m. – 12 p.m., Plant a Seed Day:** Plant seeds to take home and watch your own food grow.

**Thursday, June 30, 10 a.m. – 12 p.m., Superhero Day:** Come dressed as your favorite superhero! Make a mask with MECCA supplies and take your photo with a market superhero.

**Thursday, July 14, 10 a.m. – 12 p.m., Bike Blender Cooking:** Hop on a bicycle to power a blender and whip up a delicious summer snack, thanks to Safe Routes to School.

**Thursday, July 28, 10 a.m. – 12 p.m., Farm & Food Scavenger Hunt:** Learn new things about your local farms and foods by hunting around the market.

**Thursday, August 11, 10 a.m. – 12 p.m., Veggie Portraits:** Get creative and draw a portrait of your favorite or weirdest looking fruits and vegetables.

These children’s activities are offered by the Lane County Farmers Market with support from the Willamette Farm and Food Coalition’s Farm to School Program, Materials Exchange Center for Community Arts (MECCA), and Eugene Springfield Safe Routes to School.

Market director Angela Norman highlighted the importance of involving youth in the local food system, saying, “We hope to foster a love of fresh fruits and vegetables in our community’s youth and help kids learn where their food comes from.”

The mission of the Lane County Farmers Market is to preserve and strengthen the local farm and food economy by providing vibrant public marketplaces for farmers, food artisans and our community. LCFM features over 80 local growers and producers selling at seasonal markets that run 11 months of the year in Eugene. Farmers markets currently include Tuesdays from 10 a.m. to 3 p.m. and Saturdays 9 a.m. to 3 p.m., both at 8<sup>th</sup> Avenue and Oak Street in Eugene. For more information, visit [www.lanecountyfarmersmarket.org](http://www.lanecountyfarmersmarket.org).